

# **COURSE DESCRIPTION**

# **OBJECTIVES**

- To transmit main tools and methodologies to develop adult education programmes successfully.
- To acquire competencies to write successful proposals under European calls.
- To increase the abilities to implement these proposals in local and regional communities.
- To provide participants with the main tools to apply the Gender perspective in their programmes either directly or in a transversal way.

# **PARTICIPANTS PROFILE**

These particular course aims at transmitting teacher trainers, career officers, educational guides and counsellors, inspectors, headteachers/headmistress/offering adult education, other (Paid or voluntary) management staff in the institution/organization, NGO, non-teaching administrative staff, members of students/teachers councils in adult education, etc., skills and tools to develop adult education proposals with a gender perspective in a more effective way, so that they can acquire new perspectives according an active methodological approach using empowerment tools and promoting the development of leadership.

# **COURSE PROGRAMME**

# **DAY 1-8TH MONDAY**

#### 10:00 - 14:00

- Icebreaker dynamics.
- Adult education implications.
- Lifelong learning within a rapidly changing globalized world.
- Gender perspective in social development.

#### 14:00 - 16:00

Lunch Time.

#### 16:00 - 18:00

Visit to Gijón: How to use the city in a didactic way? How to use the city to develop European projects? Is there any especific call?

# DAY 2- 9<sup>TH</sup> TUESDAY

# 10:00 - 14.00

- Developing your ability to teaching adults.
- Guiding communities in capacity-building from a gender perspective

#### 14:00 - 16:00

Lunch Time.

#### 16:00 - 18:00

Visit to Youropia in Oviedo: Non for profit Association especialised in the development of European projects in relation to the Youth area. How to apply project results in local community

# **DAY 3- 10<sup>TH</sup> WEDNESDAY**

#### 10:00 - 14:00

- Critical thinking and creativity.
- Creativity: an essential skill in the lifelong-learning process.
- Tools to promote creativity in adult education.
  - Dynamics: Are we creative?

#### 14:00 - 16:00

Lunch time.

#### 16:00 - 18:00

Abierto hasta el Amanecer: This association has several programs and activities: Leisure Alternatively, Promotion of Participation and Volunteerism and Training; for each, design, and implement a series of projects.

# DAY 4- 11<sup>TH</sup> THURSDAY

# 10:00 - 14:00

- Erasmus +: KA1, KA2 y KA3. Modalities and characteristics.
- Registration ECAS and PIC number.

#### 14:00 - 16:00

Lunch time.

# 16:00 - 18:00

- Keys to propose a project at European level.
- Resources for the generation of a successful group.
- Effective search for partners.

# DAY 5- 12<sup>TH</sup> FRIDAY

# 10.00 - 14:00

- Sources in projects
- Approach Activities.
- Budget.
- Annexes and attachments.
- Certificates and Europass.

#### 14:00 - 16:00

Lunch time.

#### 16:00 - 18:00

Cultural Visit: Gijón. Labour City of Culture.

# TYPE OF CERTIFICATION OF ATTENDANCE AWARDED

Europass Mobility Certificate and Certificate of attendance.

# **COURSE FEE**

# 350 €\*

\*If you do not have a granted Erasmus+ K1 Project, please contact us.

# ACCOMMODATION POSSIBILITIES

# Silken Ciudad Gijón Hotel

Silken Ciudad Gijón is a four stars hotel located in a modern architecture building rising up in the city of Gijón, 500 m far from one of its 3 beaches and from the sport port. The hotel has café, restaurant, modular meeting rooms with a combined capacity for 1,200 people, business centre, executive storey, wellness centre, equipped with a gym, saunas and heated pools, a garage and a spacious terrace.





It is situated in a strategic location enables quick and easy access from Asturias Airport, 36 Km away. Likewise, it is near the bus and railway stations (the latter just 100 metres from the hotel).

Double room - Full board: 55 €/person\*

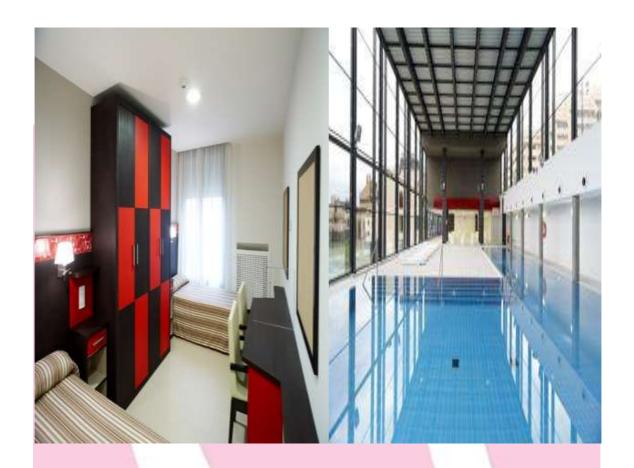
Single room – Full board: 60 €/person\*

<sup>\*</sup> The changes in prices will not be responsibility of Magenta Consultoría.

# Ovida Students' Residence

Ovida residence is located within the City of Oviedo Intergenerational Complex, better known as Ovida, and is located in the new residential area of Montecerrao, just meters from the University of Oviedo. From Ovida it is possible to enjoy the best views of the Cantabrian Mountains and valleys of Asturias.





Among other services it has minimarket kiosk, heated pool, gym, library, reading and tv rooms, common areas, sports field, etc.

Double room – Full board: 25 €/person\*

Single room – Full board: 35 €/person\*

<sup>\*</sup> The changes in prices will not be responsibility of Magenta Consultoría.

# **FUNDOMA**

Fundoma is a huge complex 10 minutes far by feet from Oviedo city center and its train and bus station. Its main facilities are:

- ✓ Library.
- ✓ Free wifi access in all the complex.
- ✓ ICT rooms.
- ✓ Tv rooms.
- ✓ Free laundry.
- ✓ Sport center.
- ✓ Tennis, football and basketball court.
- ✓ Outdoor and indoor gym.
- Cantine.

All rooms of the complex are double rooms. Each building is divided in apartments without kitchen. Each apartment has 2 double rooms and a bathroom, so 4 people are hosted in an apartment and share 1 bathroom.







# Double room – Full board: 25 €/person\*

This accommodation option does not include cleaning service inside of the rooms, only in the common areas and bathrooms.

Towels and sheets are changed weekly.

# Double room – Full board with daily cleaning service: 28 €/person\*

Towels and sheets are changed weekly.

- \* The changes in prices will not be responsibility of Magenta Consultoría.
- \*\* Magenta suggests this accommodation due to its good value for money. However, we could suggest other possibilities, under request.

# ANNEX: BEST TRAVEL POSSIBILITIES TO COME TO ASTURIAS

Asturias airport has different low cost airlines which connect our region to Barcelona, Madrid, London and Venice.

#### MADRID

Madrid is connected with Asturias by bus, train and plane. Although prices are very dynamic and may vary a lot depending on the demand, they are normally:

Bus (<a href="https://www.alsa.es/en/home">https://www.alsa.es/en/home</a>): 80 € go and return.

Train (http://www.renfe.com/EN/viajeros/index.html): 80 € go and return.

Plane (<a href="https://www.iberiaexpress.com/en">https://www.iberiaexpress.com/en</a>): 100 € go and return.

#### > BARCELONA

Barcelona is connected with Asturias by plane. Although prices are very dynamic and may vary a lot depending on the demand, they are normally:

Plane (https://www.vueling.com/en): 140 € go and return.

There are also other airports which are close to our region such as Santander or Bilbao whose offer includes low cost companies.

#### THROUGH SANTANDER AIRPORT

Santander is connected with Asturias by bus. Although prices are very dynamic and may vary a lot depending on the demand, they are normally:

Bus (https://www.alsa.es/en/home): 30 € go and return.

# > THROUGH BILBAO

Bilbao is connected with Asturias by bus. Although prices are very dynamic and may vary a lot depending on the demand, they are normally:

**Bus** (<a href="https://www.alsa.es/en/home">https://www.alsa.es/en/home</a>): 60 € go and return.

